

Dear Parents and Carers,

Relationships and Sex Education (RSE)

Supporting our consultation on the Relationships and Sex Education curriculum

At Maria Fidelis Catholic School FCJ, we believe that parents are the first and most important educators of their children. Our role is to work in partnership with families to support every young person in growing into confident, compassionate and responsible adults.

Relationships and Sex Education (RSE) is an important part of this partnership. It helps young people develop the knowledge, skills and values they need to build healthy relationships, make informed decisions, care for their physical and emotional wellbeing and stay safe in an increasingly complex world.

As a Catholic school, our approach is rooted in the belief that every person is created in the image and likeness of God and possesses inherent dignity and worth reflecting Gospel values and Catholic Social Teachings. Our curriculum reflects the teachings of the Catholic Church whilst also fulfilling the statutory requirements set by the Department for Education.

We value the views of parents and carers and are committed to ensuring that our curriculum is open, transparent and responsive to the needs of our community. This guide explains what pupils learn, why these topics are taught and how learning develops throughout Years 7 to 11.

Your Views Matter

At Maria Fidelis Catholic School FCJ, we value the views of parents and carers. As the first educators of your children, your feedback is an important part of reviewing and developing our Relationships and Sex Education curriculum.

The consultation will remain open until **01 September 2026**.

Following the consultation:

- all responses will be reviewed by the school;
- feedback will be shared with Governors;
- amendments will be made where appropriate;
- the final Relationships and Sex Education Policy will be published on the school website.

We encourage every parent and carer to complete the questionnaire. Your views will help ensure that our curriculum continues to reflect our Catholic ethos, meets statutory requirements and supports the wellbeing and safety of all students.

Growing together through Christ with courage, confidence and dignity

Please complete the consultation by scanning the QR code below or by visiting:

<https://forms.gle/q1gb57bpnhxPhsuH9>



Yours Faithfully,



Mr D McLoughlin
Deputy Headteacher