Food Technology Roadmap

Year 11

NEA 1

NEA exam & GCSE Revision

GCSE practical & Written Exam

Future

Further Education
Hospitality and Catering
Food Science
Sports Science

Career Path
Nutritionist, Dietician, Chef, Baker, Food Stylist

Year 10

NEA 2

Food Sustainability

Gelatinisation

Dextrinization

Different Diets

Nutrients

Food Commodity

Year 9

Caramelisation

Changing properties

Millard Reaction

Food Choices

Practice NEA1- Investigation

Food Commodities

Science of Food

Sensory Analysis

Managing Money

Year 8

Dietary Needs

Allergies and Insolences

Micronutrients Macronutrients

Practice NEA2- Practical

Menu Planning

Fats

Nutrients

Diet Related Diseases

Healthy Eating

Year 7

Energy

Protein

Carbohydrates

Seasonality

Health & Safety in the Kitchen

Healthy Eating

Food Miles

Food Waste

Preparing Food Safely

Food Science- Cooking methods, Ingredient Functions

Food Origins